

## St George Private Specialist Centre Suite 505, Level 5, 131 Princes Highway Kogarah, NSW 2217 P: 02 9060 6645 F: 02 9060 6646



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# **Cardiac Services Request**

Patient Details		
Name		
Date of Birth	Contact Number	

#### Referral Details

Referral Date	Referrer Name	
Referrer Provider Number	Referrer Signature	

**Clinical History** 

Service Details By circling the item number at the rightmost column, the referrer confirms that the service requested is in line with
<b>Medicare Benefits Schedule criteria</b> (01/03/2021) and is eligible to attract a Medicare rebate to reduce patient costs

Consultation	Physician Requested	Physician Requested		
Initial	o First Available	o Dr James Weaver	o Dr Rahn Ilsar	110
	o Dr Priya Sud	o Dr Ali Sepahpour	o Dr Daniel Chen	
	O Dr Renuka Kapadia			

Test	Medicare-Recognised Indications	Medicare-Placed Limits	Item Number
Resting ECG		o Not associated with specialist consultation	11704
Echo, Initial	o Suspected cardiopulmonary disorder	o Once per 2 years	55126
Echo, Follow up	o Valve disease monitoring	o Within 2 years of Echo, Initial (55126)	55127
Echo, Follow up	Heart structure or failure monitoring	o As above	55129
Echo, Follow up	Suspected pericardial pathology     Monitoring of cardiotoxic drug effects	o As above	55133
Holter Monitor (1 day)	<ul> <li>Presyncope and / or syncope</li> <li>Palpitations (&gt; 1 per week)</li> <li>Suspected asymptomatic arrhythmia (&gt; once per week) including suspected AF post TIA / CVA</li> </ul>	o One test per 4 weeks	11716
BP Monitor (1 day)	○ In clinic BP 140/90 - 180/110 off antihypertensives	o Once per year	11607
Stress ECG	Exertional symptoms suggestive of cardiac disease (ischaemia, arrhythmia)     1st degree relative with suspected heritable, potentially life threatening arrhythmia	Once per 2 years (including stress echoes, dobutamine echoes, nuclear perfusion scans)  Not for screening of asymptomatic patients (even if known IHD)  Not for those with ECGs that would preclude interpretation	11729
Stress Echo, Initial	○ Choose from full list below <sup>(1)</sup>	o Once per 2 years	55141

(1) Medicare-recognised indications for non cardiologist-referred stress echo, initial (55141)

Patient Group	Details	
Atypical or typical angina	o constricting discomfort in the chest, neck, shoulder, jaw or arms	
	o symptoms are precipitated by physical exertion	
	o symptoms are relieved by rest or glyceryl trinitrate within 5 minutes	
Known coronary artery disease (CAD)	o symptoms not adequately controlled with medical therapy or have evolved since the last study	
Others	o exertional dyspnoea of uncertain aetiology	
	o ECG changes of CAD or ischaemia, in the absence of known CAD	
	o suspected silent myocardial ischaemia or where poor communication limits symptom assessment	
	o CAD on coronary CT angiography of uncertain functional significance	
	o pre-operative assessment of patient with poor functional capacity (<4 metabolic equivalents),	
	intermediate to high risk surgery, and one of ischaemic heart disease, congestive cardiac failure, prior	
	stroke or transient ischaemic attack, renal impairment (creatinine clearance <60 mL / min) or diabetes	
	requiring insulin	
	o a patient with congenital heart lesions, previous cardiac surgery or suspected ischaemia	

## **Patient Instructions**

**Twenty-four-hour Holter and blood pressure monitors:** Please shower just before your appointment as showering will not be possible for the entire duration of monitoring period.

**Stress ECG or echocardiogram:** Please bring all of your current medications with you as well as comfortable shoes that will permit you to exercise. A bottle of water may also be helpful for cool down after your exercise.

### **Directions**

We are situated on the  $5^{th}$  floor of the St George Private Specialist Centre. Paid-parking is available at the nearby with otherwise limited street parking. Nearest train station is Kogarah (T4 Blue line).